

LESSON 10



Ten Principles

THAT SET YOU FREE

INTRODUCTION

Modern life loves to talk about freedom... yet it is full of invisible chains. Pressure. Anxiety. Stress. Expectations that suffocate. And the constant sense that something is always missing. In the middle of that chaos, God didn't leave a heavy system, nor suffocating rules. He left principles of freedom. Not to control your life, but to steady it. Not to limit you, but to protect what truly matters.

The Ten Commandments aren't an outdated list they're a map. A framework that strengthens your mind, your relationships, your heart. A guide for living at peace with yourself, with others, and with God. They are the fences that prevent falls, the boundaries that preserve you, the path that keeps you from getting lost. Yes, they're commandments. But before anything else, they are freedom written in words.

In this lesson, we will see that God's law is not an enemy of grace, but its companion. It shows us our sin, leads us to Christ, and at the same time becomes the safe framework in which life can flourish.

LET'S EXPLORE THE BIBLE

A. The law reveals God's character

- “The law of the LORD is perfect, converting the soul” (Psalm 19:7, NKJV).
- “So then, the law is holy, and the commandment is holy, just, and good” (Romans 7:12, NKJV).
- The law is not arbitrary: it reflects God's justice, holiness, and love.



B. It was not abolished by Christ

- “Do not think that I came to abolish the Law... I did not come to abolish but to fulfill” (Matthew 5:17, NKJV).
- Jesus confirmed the validity of the law and showed that grace does not eliminate obedience, but enables us to fulfill it (Romans 3:31, NKJV).



C. Its purpose

- To show us our sin (Romans 7:7, NKJV).
- To lead us to Christ as Savior (Galatians 3:24, NKJV).
- To be a standard of life for the redeemed believer (1 John 2:3, NKJV).



D. The law as liberty

Far from being a yoke, the commandments protect our relationship with God and with others. They live not as a burden, but as the path to true freedom.





LET'S REFLECT ON A FEW POINTS

1. Do you see God's law as a burden or as protection?

2. What role does grace play in relation to obedience?

3. What difference does it make in your life to recognize that the law is a reflection of God's character?

PERSONAL DECISION

Today I can choose to see the commandments not as cold rules, but as an expression of God's love for me. I decide to accept that His law is good, holy, and just, and to ask Him to enable me by His grace to live according to it.

PRACTICAL ADVICE FOR THIS LESSON

■ **The end of the law is Christ (Romans 10:4, NKJV):** this does not mean the law is finished, but that Christ is its goal and fulfillment. The commandments lead us to Him, and in Him we find salvation and righteousness.

■ **"The law and the prophets were until John" (Luke 16:16, NKJV):** this does not mean the law was abolished, but that with John the fulfillment in Christ came. The moral validity remains.

■ **Are there still commandments in Christ?** Yes, Jesus elevated them to the heart, showing that it is not enough to avoid external acts; obedience must come from love.

■ **What is the purpose of the law if we are in Christ?** It does not save, but guides and shows our need. It is a guide and mirror of a transformed life.

■ **Nailed to the cross (Colossians 2:14, NKJV):** it was the rites and ceremonies pointing to the Messiah, not the moral law. The Ten Commandments remain as an eternal standard.

■ **The hypocrisy of some does not annul the truth:** even if some appear to keep the law, God's Word remains valid. Each one will give account for themselves.



DID YOU KNOW...?

James calls the law “**perfect, the law of liberty**” (James 1:25, NKJV). True freedom is not doing whatever we want, but living according to God’s will.

■ **Do not confuse the moral law with the ceremonial law.** What ended at the cross were the shadows, not God’s moral will.

■ **The cross exalts the moral law.** Without law, there is no sin; without sin, there is no need for the cross. Precisely because the law remains valid, grace is indispensable.

■ **True freedom is in Christ.** He removed the condemnation that weighed on us, not the moral guidance that leads us.

IMPORTANT TIP

Grace saves you, but obedience shows whose child you are. Live under grace and walk in obedience: that is true freedom.

KEY TEXT

“SO SPEAK AND SO ACT AS THOSE
WHO ARE
TO BE
JUDGED
UNDER THE LAW
OF LIBERTY”

(James 2:12, NKJV)



FINAL TIP

In 1215, in England, the Magna Carta was signed, considered one of the most influential documents in the history of modern freedom. It was not a document to take away rights, but to protect them. Its purpose was to set clear limits on power and, at the same time, guarantee security and justice for all.

God's law works in a similar way. Many see it as a chain that restricts, when in reality it is a wall of protection. It does not take away freedom; it guards us so that we do not destroy what is most valuable: our relationship with God and with others.

We live in a society that confuses freedom with doing whatever one wants. However, experience shows us that "freedom without limits" ends in chaos: broken families, addictions, violence, injustice. It is like driving a car at full speed without brakes or traffic rules: it may seem exciting for a few seconds, but in the end, it leads to disaster.

The Ten Commandments are the clearest expression of God's will for our lives. They are not a cold list of prohibitions, but a covenant of love. They reveal the character of a just, holy, and merciful God who wants us to live in true freedom.

**The Ten Commandments
are the clearest expression
of God's will for our lives.**



CONCLUSION

When everything around you changes, these ten principles remain. Not to make life heavier but lighter. Not to fill you with fear but to give you direction.

God didn't give them to restrain you. He gave them to free you. To free your mind from chaos, your heart from guilt, your life from what destroys you quietly. And when you live these principles through grace, you discover something surprising: what looked like a rule... is actually a refuge. Ten principles. One purpose: that you may live truly free.

EVALUATE YOUR LEARNING

1. Mark with a T if the statement is true or F it is false.

- () According to the lesson, God’s law was given to restrict human freedom.
- () Jesus taught that He came to fulfill the law, not to abolish it.
- () The Bible presents God’s law as “holy, just, and good.”

2. What is one of the main purposes of God’s law according to the lesson? (Check only one correct answer)

- a) To be the means by which human beings are saved
- b) To reveal sin and guide the person to Christ
- c) To replace grace
- d) To apply only to the Old Testament

3. What does it mean that the law is called a “law of liberty”?

- a) That it eliminates all moral standards
- b) That it allows everyone to do whatever they want
- c) That it protects and preserves life within the framework of God’s love
- d) That it applies only to those who are not under grace

4. According to the lesson, how are grace and the law related in the Christian life?

WHAT MOST CAUGHT YOUR ATTENTION IN THIS LESSON

Do you want to know more about this lesson?

We want to accompany you every step of the way on your spiritual journey, not just through knowledge. By scanning the QR code below, you will access the video lesson for Lesson 10 and discover a comprehensive space designed to address your questions, strengthen your learning, and connect us in prayer.

